

February 2021

Volume 42, Issue 5



DESERT SHADOWS

# Desert Sun

## Resort Activities

### GREETINGS EVERYONE!

How are you doing? Are you okay? Is there anything I can do for you? What's new? Heck, what's old? I MISS MY PEEPS!!! Please feel free to stop in and say "HI". I have a few regulars that pop in and say "HI" and or bring their dog in for a treat. I appreciate you all. Hopefully you are able to get your vaccinations scheduled; however I've heard it's not always as easy as it should be. So if you need any assistance, come to my office and I will be happy to try and help you get scheduled online.

I'm always looking for new or different ways to De-Stress and I came across these **"PRINCIPLES OF GOOD -HEARTED LIVING"**: These principles further help balance the mind, body and spirit and make more room in one's life for laughter. **"Laughter" is a natural "chill pill" with no bad side effects!** Mondays are for compliments. This overcomes the tendency to criticize and be judgmental of others. Tuesdays are for flexibility. There is no laughter in being stubborn. Be open to new ideas. Wednesdays are for gratitude. Scientific studies show that gratitude leads to higher levels of well-being. Thursdays are for kindness. Kindness creates healthy

relationships and community connection. Fridays are for forgiveness. Forgiveness means letting go of anger. Hold hands, not grudges. Saturdays are for chocolate. "Chocolate" is whatever relaxes, rejuvenates, and reenergizes you. **HUGS EVERYONE, BE SAFE!!! Donna**

### WEEKLY ACTIVITIES:

Please remember, that many of our weekly activities are run by volunteers that reside in the resort. Because of the Pandemic or that they have not arrived in the resort yet, some of our ACTIVITIES are not available. As the Activity becomes available I will post signs and write on the white board and it will also be posted on our Desert Shadows Phoenix RV Resort Facebook Page.

### OUTDOOR CRAFT AND VENDOR FAIR:

Our Craft and Vendor Fair this month is on Friday, FEBRUARY 12TH, from 10am-1pm at the East Ramada. If it's raining or extremely windy we will cancel and reschedule for the following Friday. If you are interested in being a vendor please contact me in the Activities Office, I have a limited amount of tables available.

#### ACTIVITIES OFFICE HOURS

TUESDAY- FRIDAY

9:00 - 12:00 ; 1:00 - 3:00

SATURDAY: 9:00- 12:00

ACTIVITY OFFICE PHONE

623-869-9224

events@PhoenixRVresorts.com

#### FRONT OFFICE HOURS

WEEKDAYS 8:30 am - 4:00 pm

WEEKENDS 8:30 am - 4:00 pm

OFFICE PHONE 623-869-8178

Website: [www.PhoenixRVresorts.com](http://www.PhoenixRVresorts.com)

## More Activities

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### WALKING CLUB:

Our walking club/group did not start out with a BIG BANG! Two of us showed up for the first one and we walked around for about 30 minutes. I'm pretty slow, however, we had a nice time getting to know each other a little better. So I've changed the start time to 10:00AM Thursdays and walk around the resort. Meet up at the Activities Office. I'm not sure when I will enjoy another walk. As I write this, I'm going to a Doctor tomorrow to see about getting Cortisone shots in my feet. But as soon as I'm able I'm going to join in. Come and join us!

### POKER WALK:

I scheduled two more Poker Walks this month. The first one is on SATURDAY, FEBRUARY 6TH AT 10AM and the second one is on SATURDAY, FEBRUARY 20TH AT 10AM. If you are interested in participating, please meet up at the Activities Office by 10:00am and we will go on a Poker Walk around the resort. Don't worry you won't have to walk around the entire resort. I will have a specific map to follow with 8 stops. At each designated stop you get a playing card. If you like your hand you can stop if you like after you get 5 cards. If you want to try and improve your hand you continue on to the other 3 designated stops. You will pick one of your cards to trade in and you will get a new card. After you have your POKER HAND, Turn it in at the Activities Office. Your POKER HANDS must be turned in by noon on the day of the walk. The Best hand wins a PRIZE. So if you are a walker or a rider (wheelchair, bike) join in the fun.

### LINE DANCING:

As I write this, Line Dancing has been cancelled. As soon as it resumes I will post signs and online. Beginner's class will be Mondays, Wednesdays, and Friday mornings from 9am -10am. Intermediates class will be Mondays, Wednesdays, and Friday morning from 10am -11am.

### PATIO SALE:

Many of us love our Rummage Sales! I just wanted to give everyone a heads up that our next patio sale will be SATURDAY, MARCH 20TH. Start getting those treasures ready to sell.

### CORNHOLE:

Let's throw some bean bags AGAIN!! The CORNHOLE game boards are always outside next to the putting green, and the bags are in the game equipment storage closet. I scheduled some afternoon times for you CORNHOLE ENTHUSIASTS to get together. So come and meet your neighbors on Tuesday, February 2nd at 1:00pm, Thursday, February 11th at 1:00pm, Tuesday, February 16th at 1:00pm and Thursday, February 25th at 1:00pm. We would also love some spectator's to watch us compete; please bring your own chair. Thank you!

### BINGO:

Thursday Evenings we enjoy BINGO in the Front Auditorium. Doors to enter Auditorium are open at 5:30pm. Game sheets are sold from 6pm thru 6:45pm. Bingo starts after the money is counted and divided between the games. We play 10 regular games and 2 Jackpot Coverall's, to play one game sheet of every game it costs \$4.00. However, you may purchase as many game sheets as you would like to play. Must be 18 years of age or older to attend. Grab your Bingo daubers (we sell them too) and try your luck, you may be a WINNER!

To keep up with social distancing requirements, you will need to get a ticket to come to bingo. We will only have a limited amount of seats available. Tickets will be available at the Activities Office and at the door each week. There is NO FEE for the tickets. There will be NO saving of seats with bingo daubers, etc. earlier in the day. Any daubers or other items used on the tables/chairs to reserve your seat will be removed when I come in to set up bingo.

### BASEBALL DARTS:

Monday evenings at 6:00pm Baseball Darts is available in the Back Auditorium. No fee or sign-up required, just show up in the Back Auditorium by start time. Teams will be selected at random and then you're set for a fun night of comradery! If you're not sure what baseball darts is all about stop in and check it out. Darts is one of the resorts popular activities.

## Activities Continued

### AGGRAVATION/GOLF:

Tuesday Evenings at 6:00pm in the Back Auditorium join us for a game. They switch off each Tuesday. One Tuesday it will be AGGRAVATION and then the next Tuesday will be GOLF. Both are lots of fun and easy to learn. No sign up required. Just show up!

### CRIBBAGE:

Currently cribbage is played Tuesday, Thursday and Saturday mornings at 9AM in the CARD ROOM, and Thursday afternoons at 1:00PM. Cost is .50 cents to participate and all the money is given out for prizes. No sign up is required this season, just show up!

### BUNCO:

Bunco is held every Tuesday at 3:00pm in the Back Auditorium. If they are not in the Back Auditorium, check the Card Room, they have played in there sometimes. Please bring \$1.00 to play. All money is given out as prizes. Just show up no sign-up required. If you are new to BUNCO, we will be happy to teach you, it is another easy game to learn.

### SHUFFLEBOARD, BOCCEBALL, HORSESHOES, CORNHOLE:

These are available anytime any day. The equipment is located in the storage closet on the south west side of the swimming pool building. If you are unsure please ask at the activities office or main office. If you are interested in being in charge of one of these outdoor activities please contact Activities Office, we can make arrangements to do them later in the day or a different day.

### SEWING GROUP AND QUILTERS:

As I write this Newsletter the Quilters and Sewing Group are not meeting as a Group. As soon as they resume meeting I will post it. This season they are working on Two DONATION PROJECTS. Which are Cancer Port Pillows and Alzheimer's Fidget Mats. If you are not a sewer but would like to help out cutting fabric, or donate material or money, etc., please contact Linda Stewart or stop in to Activities Office and I will relay the message to Linda. Thank you!!!

### TABLE TENNIS:

Watch for signs when it will officially start. However if there is nothing going on you are more than welcome to pull it out from behind the blue curtain in the Back Auditorium and play. The equipment is in an unlocked white cabinet on the wall where the television is. The cabinet is marked. If you have questions please ask us in the Activities Office or Main Office.

### WATER AEROBICS:

Monday, Wednesday and Friday mornings at 8:00am there will be a volunteer water aerobics instructor/leader. The swimming pool will still be set aside at 8:00am on Tuesdays and Thursdays for water aerobics on your own. If you are interested in being a volunteer instructor/leader please contact Chris at class.



### DESERT SHADOWS CHURCH

FEB 2021

Sunday services begin at 9:00 am in the Front Auditorium. PLEASE JOIN US. We maintain "social distancing" and wear masks so all will remain safe.

Following is the list of pastors in February:

Feb 7 – Ed Jarvis (Communion)

14 – Dennis Gleason 21 – Roger Withee

28 – Nova Forrest

We are looking for choir members. Practice is at 2:30 PM on Fridays, Front Auditorium.

Many of the residents at Desert Shadows live alone and have no family nearby. Let's practice the Golden Rule; get to know those neighbors and check on them periodically.

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# FEBRUARY

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|---|---|--|---|---|---|--|
| <p><b>**LEGEND**</b><br/> <b>FA = FRONT AUDITORIUM</b><br/> <b>BA = BACK AUDITORIUM</b><br/> <b>CD = CARD ROOM</b><br/> <b>CF= CRAFT ROOM</b></p> | <p>1<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>6PM- DARTS(BA)</p>  | <p>2<br/>           8AM-WATER AEROBICS<br/>           9AM <u>CRIBBAGE(CD)</u><br/>           3PM-BUNCO(BA)<br/>           3PM-CHURCH COMMITTEE(FA)<br/>           6PM AGGRAVATION (CD)<br/> <b>CORNHOLE 1PM</b></p>  | <p>3<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>BIBLE STUDY 1PM (FA)</p>  | <p>4<br/>           8AM-WATER AEROBICS</p> <p>9AM <u>CRIBBAGE(CD)</u></p> <p><u>WALKING 10AM</u></p> <p>1PM <u>CRIBBAGE(CD)</u><br/>           BINGO (FA) 6PM</p>                           | <p>5<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>2:30PM <u>CHOIR(FA)</u></p>   | <p>6<br/>           POKER WALK 10AM<br/>           START AT ACTIVITIES OFFICE</p>  |
| <p>7<br/>           CHURCH (FA) 9AM</p>   | <p>8<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>6PM- DARTS(BA)</p>  | <p>9<br/>           8AM-WATER AEROBICS</p> <p>9AM <u>CRIBBAGE(CD)</u></p> <p>3PM-BUNCO(BA)</p> <p>3PM-CHURCH COMMITTEE(FA)</p> <p>6PM AGGRAVATION (CD)</p>   | <p>10<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>BIBLE STUDY 1PM (FA)</p> | <p>11<br/>           8AM-WATER AEROBICS</p> <p>9AM <u>CRIBBAGE(CD)</u></p> <p><u>WALKING 10AM</u></p> <p>1PM <u>CRIBBAGE(CD)</u><br/> <b>CORNHOLE 1PM</b><br/>           BINGO (FA) 6PM</p> | <p>12<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>2:30PM <u>CHOIR(FA)</u><br/> <b>OUTDOOR CRAFT &amp; VENDORS DAY 10AM-1PM EAST RAMADA</b></p> | <p>13</p>  |
| <p>14<br/>           CHURCH (FA) 9AM</p> <p><b>HAPPY VALENTINE'S DAY!!!</b></p>   | <p>15<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>6PM- DARTS(BA)</p> | <p>16<br/>           8AM-WATER AEROBICS<br/>           9AM <u>CRIBBAGE(CD)</u><br/>           3PM-BUNCO(BA)<br/>           3PM-CHURCH COMMITTEE(FA)<br/>           6PM AGGRAVATION (CD)<br/> <b>CORNHOLE 1PM</b></p> | <p>17<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>BIBLE STUDY 1PM (FA)</p> | <p>18<br/>           8AM-WATER AEROBICS</p> <p>9AM <u>CRIBBAGE(CD)</u></p> <p><u>WALKING 10AM</u></p> <p>1PM <u>CRIBBAGE(CD)</u><br/>           BINGO (FA) 6PM</p>                          | <p>19<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>2:30PM <u>CHOIR(FA)</u></p>  | <p>20<br/>           POKER WALK 10AM<br/>           START AT ACTIVITIES OFFICE</p> |
| <p>21<br/>           CHURCH (FA) 9AM</p>  | <p>22<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>6PM- DARTS(BA)</p> | <p>23<br/>           8AM-WATER AEROBICS</p> <p>9AM <u>CRIBBAGE(CD)</u></p> <p>3PM-BUNCO(BA)</p> <p>3PM-CHURCH COMMITTEE(FA)</p> <p>6PM AGGRAVATION (CD)</p>  | <p>24<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>BIBLE STUDY 1PM (FA)</p> | <p>25<br/>           8AM-WATER AEROBICS</p> <p>9AM <u>CRIBBAGE(CD)</u></p> <p><u>WALKING 10AM</u></p> <p>1PM <u>CRIBBAGE(CD)</u><br/> <b>CORNHOLE 1PM</b><br/>           BINGO (FA) 6PM</p> | <p>26<br/>           8AM – WATER AEROBICS <u>W/LEADER</u></p> <p>2:30PM <u>CHOIR(FA)</u></p>  | <p>27</p>  |
| <p>28<br/>           CHURCH (FA) 9AM</p>  |   |  |   |   |   |  |