Volume 39, Issue 5



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Resort Activities

Hi Everyone! We can all use some inspiration, so I went online for a couple of quotes.

February is the month of love. Look for the best in things, and find love in everywhere we go and every thing we do.

"When it rains, look for rainbows. When it's dark, look for stars." – Unknown "Too often we underestimate the power of touch. A smile. A kind word. A listening ear. An honest compliment. Or the smallest act of caring. All of which have the potential to turn a life around." – Leo Buscaglia.

I want to encourage everyone to come into the Activities Office and share your opinions of our entertainment. If you have any ideas or suggestions let the Activities Office know. We are doing our best to provide you with great activities.

Please check the white board in the Lobby along with the bulletin boards or mailboxes for events. Some events may not be posted in the newsletter. So on to our February Events!!! Thank you! Donna

DONUTS:

Join us on Saturday, Feb. 4th and Feb. 18th in the

front auditorium for donuts (.75)/muffins (\$1.00) and free coffee. We start selling by 7:30am until they are gone. Everyone is welcome to join us or bring it back to your place.

PANCAKE BREAKFAST:

Join us for ALL YOU CAN EAT PANCAKES! On Saturday, February 14th and February 25th. Tickets are sold in

the lobby the morning of the breakfast from 8:15am – 9:00am. Your \$4.25 breakfast includes all the pancakes you can eat, 2 sausage links, scrambled eggs, orange juice and coffee. We provide the maple syrup, if you prefer sugar free syrup, please bring your own from home.

ICE CREAM SOCIAL:
This month, build you own ice cream sundae is on Wednesday, Feb. 15th at 2:00pm in the front auditorium. Cost is \$2.00 per sundae. Tickets available in the

Activities Office and at the door.

MOVIE NIGHT:



Our Friday night movies have been a success and will continue thru till the

end of the season. The movies start at 6pm and if the movie is 2 hours or longer, we take a short intermission. Movies are FREE!

Feb. 10th —"The Hundred Foot Journey" Feb. 10th —"The A-Team" Feb. 17th —"The Bucket List" Feb. 24th—"White House Down"

Popcorn, chips, soda and water are available for purchase the night of the movie. Hope to see you in the Back Auditorium for Friday Movie Night.

ACTIVITIES OFFICE HOURS

TUESDAY-FRIDAY

9:00 - 12:00 ; 1:00 - 3:00

SATURDAY: 9:00-12:00

ACTIVITY OFFICE PHONE

623-869-9224

events@PhoenixRVresorts.com

FRONT OFFICE HOURS

WEEKDAYS 8:30 am - 5:00 pm WEEKENDS 8:30 am - 5:00 pm

OFFICE PHONE 623-869-8178

Website: www.PhoenixRVresorts.com

More Activities

SATURDAY NIGHT DANCES:

Feb. 4th Come Back Buddy: Favorite Sports Attire

Feb. 11th American Kountry: Valentine's Dance

Feb. 18th The Volcano: Island/Beach Theme Feb. 25th The Exit 40 Band

Dances are from 7-10pm in our front auditorium. Please bring your own beverages and any snacks you may want. Tickets are available in the activities office and at the door the night of the dance unless were sold out. Our Valentine's Dance on the 11th and almost always sells out. So come and purchase your tickets early!

SEWING AND OUILTING GROUP:

The sewing group meets on Mondays in the back auditorium at 10:15am. Quilters meet on Tuesdays at 8:30am in the front auditorium. If you're interested in joining them please do so, you are most welcome. Our park's annual Quilt Show will be on March 7th from 10am – 2pm to view all the beautiful projects they've been working on this season.

BINGO:

Every Thursday evening is BINGO in the front auditorium! Bingo game sheets are on sale from 6pm – 6:45pm. We play 12 games total (10 regular games and 2 jackpot coveralls). To play one sheet per game, the cost is \$4.00, however you may buy as many game sheets as you can daub. Our jackpots have been over \$100.00 each, so come and join in the fun!

GENEALOGY CLASS:

Anyone interested in learning more about genealogy and tips for researching, classes are on Thurs. in the back auditorium from 1:00pm - 2:30pm.

CANCER SUPPORT GROUP:

We meet on the last Monday of the month. This month's support group will meet on Monday, February 27th at 4pm in the craft room.

ROSARY FOR WORLD PEACE:

Christine Haggerty will be leading this prayer group on the 1st and last Sundays of each month at 6:00pm in the craft room. Please join her on Feb.5th and 26th in prayer.

SHOWS:

Wednesday, February 8th is the JEFF GORDON VARIETY SHOW at 6:30PM. I heard him perform at the Showcase of Entertainers that the Valley Association of Social Directors puts on for Activity Directors. His vocal range allows him to sing various styles of music. Conway Twitty, George Jones, Marty Robbins, Elvis and many others, even Louie Armstrong. Tickets are \$6.00 per person for residents and pull-thru guests and \$8.00 for non-residents. Don't miss out!

PARK PLAY:



If you were unable to attend our recent play "No Body Like Jimmy" performed by our Desert Shadows Performers you still can see it. We have two more performances, Wednesday,

February 1st at 6:30pm and Thursday, February 2nd at 1:00pm. Tickets are \$1.00 each and available in the Activities Office and at the door, while they last.

TALENT SHOW:



That's right folks, it's that time of the season we've been waiting for, our Annual Talent Show. Jim assures me he has a great lineup of talented residents to entertain us. The shows will be on Tuesday,

February 21st and on Wednesday, February 22nd at 7:00pm. Cost is \$1.00 per person. Come and see what talents our friends and neighbors have been blessed with.

CRAFT & VENDOR FAIR:

Come and check out our vendors on Friday, February 10th from 10:00am – 1:00pm. We have vendors in the front and back auditoriums, and new vendors each month. Donuts are available in the back auditorium beginning at 9am and Lunch starts at 11:15am.

CASINO TRIP:

Our monthly bus ride to Fort McDowell Casino is on Monday, February 13th. Meet by the mailboxes at 8:30am, sign up sheet is in the card room on Elaine's Travel Board! Cost is \$10.00 per person. \$5.00 is refunded if you are on the bus to return to the park by 3:45pm.

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Hiking

Hiking group has started! Bruce & Monica Peers have been our gracious leaders of the Hikers.

The group meets every Tuesday (weather permitting) at 8:45am by the Activities Office and they leave the park by 9:00am and drive to the designated park.

Signs are posted on bulletin boards each week. A new trail will be selected each week. The trails

Guys and Gals Golf

The tournament will be held at Bellair Golf Course on Wednesday, March 8th. The dinner will be held at the Iron Works. We will be offering three entrees from the menu plus the fish fry.

Sign up will be on Feb. 25th. Please try to find a partner to sign up with. The sign up will be at 9:00am in the card room. The idea of the outing is to have a good time, and enjoy the company of your neighbors. Our only wish is for everyone to have a good time.

Computer Group

Wednesdays at 10:30am our computer class will be in the back auditorium. Both Apple and Windows help is available, as well as help with your phones or tablets. For further info or suggestions, you can email

Jeff – the Apple Whiz at kamx3si@gmail.com,

Jo Ann at Traderjo@gmail.com Doug at fuzzydoug@hotmail.com



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will be easy to intermediate.

Hikers should bring WATER, SUN-SCREEN AND A HIKING STICK (if they have one) for each hike. Carpooling is recommended since some fees apply for the entering some of the parks.

For more information on the Hikes, contact Bruce & Monica at 970-778-1183 or 970-778-1182.

Church News

Sunday Morning Interdenominational services are at 9:00AM in the Auditorium.

Everyone is welcome to attend.

Feb 5th Dr Terry Young – Communion

Feb 12th Rev Roger Withee

Feb 19th Rev Roger Withee – Memorial Sunday

Feb 29th Rev Nova Forrest

Bible Study with Rev Withee continues in February on Wednesdays at 100PM in the rear Auditorium.

Church Meetings are held on Tuesdays at noon in the Craft Room. Anyone interested in getting involved in church activities is welcome to attend.

If you would like to be listed in the Church Phone Directory, contact Shirlene Ankrum at Space #403. It is not necessary that you attend services to be included.

ATTENTION PARK RESIDENTS

If you live in the Park and wish for us to send a greeting card to someone you know, i.e. neighbor, family member, or just someone who needs a lift or a pick-me-up, please contact Barb Cramer, Sunshine Lady, and she will be happy to send out a card from the Desert Shadows Interdenominational Committee. You may reach her atbcandthewheel@q.com or 720-308-2239, or stop in at Space #328. WE ARE ALL GOD'S CHIL-DREN.

Mushroom and Spinach Frittata

INGREDIENTS

- 2 tablespoons extra virgin olive oil
- 10 ounce bag presliced mush-rooms
- Salt and freshly ground pepper
- 2 garlic cloves (to taste), minced
- 6-ounce bag baby spinach, rinsed
- 8 eggs
- ½ cup grated Parmesan (optional)
- 2 tablespoons low-fat milk



Heat 1 tablespoon of the olive oil over mediumhigh heat in a heavy 10 or 12-inch nonstick skillet and add the mushrooms. Cook, stirring or tossing often, until they begin to sweat and soften, 3 to 5 minutes. Add salt, pepper and the garlic, and stir together until the garlic is fragrant, 30 seconds to a minute. Add the spinach, a handful at a time and stir until wilted. Turn up the heat and let any excess liquid evaporate from the pan, then remove from the heat. Taste and adjust seasoning.

Beat the eggs in a large bowl (you can do this while the mushrooms are cooking). Stir in salt and pepper to taste, the milk, and the mushroom and spinach mixture. Add the Parmesan if desired.

Heat the remaining olive oil over medium-high heat in the skillet until it feels hot when you hold your hand about 1 inch above it. Drop a bit of egg into the pan and if it sizzles and cooks at once, the pan is ready. Pour in the egg mixture, scraping all of it in with a rubber spatula. Swirl the pan to distribute the eggs and filling evenly over the surface. Shake the pan gently, tilting it slightly with one hand while lifting up the edges of the frittata with the spatula in your other hand, to let the eggs run underneath during the first few minutes of cook-

Volunteer Appreciation Lunch

Thursday, March 2nd is our Volunteer Appreciation Lunch at 11:30am in the front auditorium. If you have volunteered this season please sign up in the activities office in February to attend.



ing. Once a few layers of egg have cooked turn the heat down to low, cover (use a pizza pan if you don't have a lid that will fit your skillet), and cook 10 minutes, shaking the pan gently every once in a while. From time to time remove the lid and loosen the bottom of the omelet

with a spatula, tilting the pan, so that the bottom doesn't burn. It will however turn golden. The eggs should be just about set though there will be a layer on the top that is not.

Meanwhile, heat the broiler. Uncover the pan and place under the broiler, not too close to the heat, for 1 to 2 minutes, until the top sets, watching very carefully to make sure the top doesn't burn (at most, it should brown very slightly and puff under the broiler). Remove from the heat, shake the pan to make sure the frittata isn't sticking and allow it to cool for at least 5 minutes and for up to 15. It can be a little runny in the middle if you like it that way. Loosen the edges with a spatula. Carefully slide from the pan onto a large round platter. Cut into wedges. Serve hot, warm, room temperature, or cold.

Nutritional analysis per serving (6 servings) 143 calories; 10 grams fat; 2 grams saturated fat; 0 grams trans fat; 5 grams monounsaturated fat; 1 gram polyunsaturated fat; 3 grams carbohydrates; 1 gram dietary fiber; 1 gram sugars; 9 grams protein; 213 milligrams cholesterol; 442 milligrams sodium

Reminders

Please remember to not walk your dogs around the main building. If your dog does go to the bathroom while walking to and from the dog walk, please pick it up.



Please only pick citrus on empty lots (no RV or park model) or ask permission before doing so.

If you are selling your unit by owner, please stop in the office before putting it up for sale to get all the information you need.

Thank you! Management

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